Train the Trainer Training

A Guide for Participants, Line Managers & HR Teams

Course Details

Duration: 6 Weeks | 6 Sessions (3 hours each)
Delivery: Live Online Training
Cost: £795 + VAT per person

Why attend this course?

This practical programme develops the skills, techniques and confidence needed to design and deliver engaging, learner-centred learning experiences that improve participation, knowledge retention and workplace performance.

Who is this course suitable for?

This course is ideal for employees who:

- ✓ Deliver training, instruction, workshops or coaching as part of their role.
- ✓ Are new to training delivery and facilitation.
- ✓ Need to design and deliver learning in classroom, virtual or blended environments.
- ✓ Want to increase learner engagement, participation and knowledge retention.
- ✓ Need greater confidence when facilitating training sessions and managing groups.
- ✓ Support learning and development within their organisation.
- ✓ Want practical tools and techniques for modern, learner-centred training delivery.

Common challenges this course will address

Many trainers and subject matter experts face challenges such as:

- Engaging learners with different needs, preferences and learning styles.
- Moving beyond presentation-based or instructor-led training approaches to create more learner-centred learning experiences.
- Maintaining learner attention, participation and motivation while encouraging interaction and collaboration in classroom, virtual and blended learning environments.
- Using digital learning tools and AI effectively without distracting from the learner experience.
- Adapting training materials and delivery methods to maximise engagement across different learning environments.
- Measuring whether learning has been understood, retained and applied in the workplace whilst building confidence in training delivery and facilitation.

What will participants be able to do afterwards?

Following the course, participants will be able to:

- Recognise different learner characteristics and adapt their approach accordingly
- Apply learning principles and learning theories to improve engagement, retention and learning outcomes.
- Plan, structure and adapt learning experiences, materials and activities for classroom, virtual and blended learning environments.
- Apply learner-centred techniques that encourage participation, collaboration and active learning.
- Deliver engaging training that improves learning outcomes and workplace performance.
- Facilitate learning confidently using a range of virtual delivery techniques and digital tools.
- Use AI responsibly to support training design, content development and learning activities whilst maintaining a strong focus on the learner experience.

How will this benefit the organisation?

Developing skilled trainers can help organisations:

- ✓ Improve the quality and consistency of internal training
- ✓ Increase learner engagement and knowledge retention
- ✓ Build confidence among those delivering training
- ✓ Improve the effectiveness of learning initiatives
- ✓ Create more engaging and impactful learning experiences

Booking Information

To reserve a place on this course, please send an email to **info@sterlingtraining.org.uk** You will receive a booking form by return email.

Invoices are issued two weeks prior to the course start date with joining instructions and other course requirements communicated as necessary.

This course can be customised to the needs of your staff or organisation.

If you have any other queries or wish to enquire about closed or bespoke courses, please call us on +44 (0)23 8021 6568

This course is CPD accredited by OpenCPD and offers 18 CPD hours (or points). All participants will receive an approved CPD Certificate