

Train the Trainer Training

A Guide for Participants, Line Managers & HR Teams

Course Details

Duration: 5 Weeks | 5 Sessions (3 hours each)
Delivery: Live Online Training
Cost: £595 + VAT per person

Why attend this course?

Effective training involves far more than sharing knowledge. Today's learners have diverse needs, shorter attention spans and higher expectations of learning experiences than ever before.

This practical programme equips participants with the skills, techniques and confidence to design and deliver engaging, learner-centred training that improves participation, knowledge retention and learning outcomes. Participants will gain practical experience and feedback in a supportive learning environment.

Who is this course suitable for?

This course is ideal for employees who:

- ✓ Deliver training, instruction or coaching as part of their role
- ✓ Are new to training delivery and facilitation
- ✓ Want to improve learner engagement and participation
- ✓ Need greater confidence when delivering training sessions
- ✓ Want to develop more effective training techniques
- ✓ Are responsible for supporting learning and development within their organisation

Common challenges this course will address

- Struggling to engage learners with different needs and preferences
- Relying too heavily on presentation-based training methods
- Maintaining learner attention and participation
- Lacking confidence when facilitating training sessions
- Measuring whether learning has been understood and retained

What previous learners say

"The course is great. We learned some important learning theories and then learner-centred techniques. We had the chance to practise them in a safe environment too." - Jess Holbrook – SOCOTEC

What will participants be able to do afterwards?

Following the course, participants will be able to:

- Recognise different learner characteristics and adapt their approach accordingly
- Apply adult learning principles to improve engagement and retention
- Use learning theories to enhance training effectiveness
- Plan and structure training sessions more effectively
- Confidently apply learner-centred training techniques
- Deliver engaging training that improves learning outcomes

How will this benefit the organisation?

Developing skilled trainers can help organisations:

- ✓ Improve the quality and consistency of internal training
- ✓ Increase learner engagement and knowledge retention
- ✓ Build confidence among those delivering training
- ✓ Improve the effectiveness of learning and development initiatives
- ✓ Create more engaging and impactful learning experiences
- ✓ Support the development of skills and capability across the organisation

Participants regularly report greater confidence, improved training delivery skills and a better understanding of how adults learn.

Booking Information

To reserve a place on this course, please send an email to info@sterlingtraining.org.uk. You will receive a booking form by return email.

Invoices are issued two weeks prior to the course start date with joining instructions and other course requirements communicated as necessary.

This course can be customised to the needs of your staff or organisation.

If you have any other queries or wish to enquire about closed or bespoke courses, please call us on +44 (0)23 8021 6568

This course is CPD accredited by OpenCPD and offers 9 CPD hours (or points). All participants will receive an approved CPD Certificate