Practical Management Training

A Guide for Participants, Line Managers & HR Teams

Course Details

Duration: 12 Weeks | 12 Sessions (3 hours each)
Delivery: Live Online Training
Cost: £950 + VAT per person

Why attend this course?

Effective management is about far more than overseeing day-to-day tasks. This practical programme equips current and aspiring managers with the skills, confidence and tools to manage teams effectively, communicate clearly, improve performance and delegate successfully. Delivered by experienced managers, it focuses on practical techniques that can be applied immediately in the workplace.

Who is this course suitable for?

This course is ideal for employees who:

- ✓ Have recently moved into a management role
- ✓ Are preparing for greater management responsibilities
- ✓ Want to build confidence leading people and teams
- ✓ Need practical skills to improve team performance
- ✓ Want to communicate, delegate and manage more effectively
- ✓ Are responsible for developing individuals and teams

Common challenges this course will address

- Managing people without formal management training
- Balancing competing priorities and workloads
- Delegating work confidently and effectively
- Holding difficult conversations and giving feedback
- Motivating individuals and improving team performance
- Managing time while supporting others

What previous learners say

"I loved how interactive the sessions were and how engaging and well-designed the materials felt. Most of all, I appreciated how practical the course was. I could take what I learned and apply it straight away at work (sometimes on the same day)!"
- Larissa Ribeiro, Lewis School of English

What will participants be able to do afterwards?

Following the course, participants will be able to:

- Communicate with greater confidence and influence
- Adapt their leadership style to different people and situations
- Use assertiveness to manage challenging conversations
- Set clear objectives and improve team performance
- Deliver constructive feedback that supports development
- Prioritise workloads and manage time more effectively
- Delegate confidently to develop individuals and strengthen teams

How will this benefit the organisation?

Developing confident managers can help organisations:

- ✓ Improve communication across teams
- ✓ Build stronger leadership capability
- ✓ Increase employee engagement and accountability
- ✓ Improve team performance and productivity
- ✓ Develop confident managers for future growth
- ✓ Create a positive culture built on trust and effective leadership

Participants regularly report greater confidence, stronger leadership skills and immediate improvements in the way they manage their teams.

Booking Information

To reserve a place on this course, please send an email to info@sterlingtraining.org.uk. You will receive a booking form by return email.

Invoices are issued two weeks prior to the course start date with joining instructions and other course requirements communicated as necessary.

This course can be customised to the needs of your staff or organisation.

If you have any other queries or wish to enquire about closed or bespoke courses, please call us on +44 (0)23 8021 6568

This course is CPD accredited by OpenCPD and offers 36 CPD hours (or points). All participants will receive an approved CPD Certificate